

Schedule-III

MEDICAL STANDARDS OF RECRUITMENTS FOR GREF

General

1. Every recruit must be sufficiently intelligent, free from nervous instability and be in possession of sound health. He shall have no constitutional or acquired disability as may in the opinion of Recruiting Medical Officer render him unfit for duties, in the organization, particularly at high altitude and hard areas.

General examination

2. It is absolutely essential in all cases to have the recruits stripped while carrying out medical examination. Due regard be paid to privacy and decency. It is not sufficient that the clothing be only partially removed. An underwear may be permitted except when the examination is being carried out involving private parts. Every part of the body must be examined and if a recruit does not submit to this even after persuasion, he will be rejected. Permanent body tattoos are only permitted on inner face of forearms i.e. from inside of elbow to the wrist and on the reverse side of palm/ back (dorsal) side of hand. However, in case of an obscene, vulgar or objectionable tattoo, the DDG (Pers.)/ Comdt. GREF Centre will take a final decision on acceptability/ unacceptability of such tattoo. The decision of the DDG (Pers.)/ Comdt. GREF Centre in the matter shall be final. Permanent body tattoos on any other part of the body is not acceptable and candidate will be barred from further screening.

Responsibility for physical fitness

3. The examining Medical Board is responsible for checking the physical fitness of the recruits, the likelihood of their physical development and for their identification marks. The Board will also enter on the enrolment form any minor defects insufficient to cause rejection. In the case of fit recruits the Board will make the necessary entry on the enrolment form, the wording used being Fit-category GREF-I and return it to the enrolling officer. The signature of the examining Medical Officer on the enrolment form will be accepted as equivalent to a declaration that he has personally examined the recruit in question according to the existing instructions and that the recruit has no blemish or defect except those noted on the enrolment form. Remarks relating to any defects in the recruit will be endorsed in the medical examiner's own handwriting. When there are no distinctive marks this must be stated.

Medical History Sheet GREF/ MED/ 2A

4. This is a document of great importance which is linked to claims for disability pension on soldier's discharge from the service. Medical items in table No 1 of GREF/ MED/2A will be completed by the Medical Board GREF/ MED/ 2A.

5. Any failure of officers concerned to give attention to the preparation and maintenance of these documents, and inaccuracy in or insufficiency of the entries therein may cause considerable delay, much expense and grave injustice to the person recruited. Medical Officers will, therefore, take every care to ensure that all necessary entries are carefully and accurately made at the time of examination.

6 Marks and small defects are to be noted concisely and clearly in the space allotted for the purpose in order to facilitate the men's future identification. Special attention should always be drawn to any defects which may influence decision on possible claims for pension in the future.

RULES GOVERNING MEDICAL INSPECTION OF CANDIDATES IN GREF

Principal points in Medical Examination of Candidates

7 Principle points in medical examination of recruits. In the inspection of candidates the principle points to be attended to, are as under:

- a)** That the candidate is sufficiently intelligent (Any defect may be observed during the examination).
- b)** That his bearing is good and that there is no sign of disease of ear, nose and throat.
- c)** That his vision with either eye is up to the required standard, his eyes are bright, clear and with no obvious squint, nystagmus or other abnormality. Movement of eye balls should be full and free in all directions.
- d)** That his speech is without impediment.
- e)** That he has no glandular swelling.
- f)** That his chest is well formed, and that his heart and lungs are sound.
- g)** That his limbs are well formed, and fully developed.
- h)** That there is free and perfect action of all the joints.
- i)** That his feet and toes are well formed.
- j)** That he has no congenital malformation or defects.
- k)** That he does not bear traces of previous acute or chronic diseases pointing to an impaired constitution.
- l)** That he possesses sufficient number of sound teeth for efficient mastication.
- m)** That he has no disease of the genitor-urinary tract.

Ground for permanent rejection

8 Candidates presenting with following conditions will be rejected:

- a)** General impaired Constitution with frail health (BMI less than 18).
- b)** Abnormal Gait.
- c)** Abnormal Posture (Kyphosis, Scoliosis or Lordosis).
- d)** Gross physical deformity of chest, (pigeon chest, Barrel shaped chest, pectus excavatum, Harrison's sulcus & joints (Knock knee bow, leg, flat feet etc.).

- e) Defective Intelligence.
- f) Deafness.
- g) Pronounced Stammering.
- h) Mental and nervous instability includes coarse Digital Tremors, palmar & plantar Hyperhydrosis and Tachycardia (Pulse rate more than 100/ min).
- j) Sexually Transmitted diseases.
- k) Any degree of squint or nystagmus.
- l) Cases of colour blindness.
- m) Corneal Opacities effecting binocular vision of the individual.
- n) Perforation of Tympanic membrane.
- o) Chronic Suppurative Otitis Media/ Mastoiditis.
- p) Loss or decay of teeth to such an extent as to interfere with proper mastication. Dental points less than 14.
- q) Chronic Lung Infection.
- r) Endocranial Disorder.
- s) Cardiac murmur or Hypertension (BP>140/95 mm Hg).
- t) Gross degree myopia & cases of corneal surgery for refractive error.
- u) Healed fracture with implants or ankylosis of effected joints due to fracture.
- v) Any amputation effecting in the working efficiency of individual.
- w) Permanent body tattoos are only permitted on inner face of forearms i.e. from inside of elbow to the wrist and on the reverse side of palm/ back (dorsal) side of hand. However, in case of an obscene, vulgar or objectionable tattoo, the DDG (Pers.)/ Comdt. GREF Centre will take a final decision on acceptability/ unacceptability of such tattoo. The decision of the DDG (Pers.)/ Comdt. GREF Centre in the matter shall be final. Permanent body tattoos on any other part of the body is not acceptable and candidate will be barred from further screening.

Grounds for Temporary Rejection:

9 Following are the grounds for temporary rejection:

- (a) Pterygium
- (b) Conjunctivitis
- (c) Defective Vision (corrected with glasses, 6/6 in both eyes is acceptable)
- (d) Trachoma Grade III

- (e) Deviated Nasal Septum
- (f) Chronic Tonsillitis
- (g) Few decayed teeth (corrected with denture is acceptable)
- (h) Pityriasis Versicolor
- (j) Tinea Cruis, Scabies, Eczema etc.
- (k) Planter Warts
- (l) Hydrocele, Hernia, Vericocoele
- (m) Vericose Veins
- (n) Phimosis, Fissure in ano or abscess, Haemorrhoids
- (o) Acute infection of respiratory tract
- (p) Gynaecomastia
- (q) Anaemia
- (r) Hepatosplenomegaly
- (s) BMI above 30 (Should bring down BMI to below 30 within 3 months will be accepted)

Acceptance of Candidates with Minor Defects:

10 Candidates presenting with mild degree of following defects may be accepted:

- (a) Mild Flat Feet but flexible and Hammer toes.
- (b) Mild knock knee (Inter malleolic distance 5 cms).
- (c) Mild Bow Legs (Inter condylar distance 7 cms).
- (d) Mild Degree of Sphenovarix.
- (e) Slight degree of Vericocoele, or undescended testis (Not arrested in inguinal region).
- (f) Healed perforation of Ear drums.
- (g) Healed Trachoma without residual gross deformity.
- (h) Slight stammering.
- (j) Mild hyperhidrosis.
- (k) Mild degree phimosis or Hypospadias.
- (l) Perforation in the ear drums which has healed and closed leaving a firm healthy scar (Tympanoplasty done).

- (m) Slight curvature of leg.
- (n) Slight hammer toe.
- (o) Mild degree of varices.
- (p) Tenea versicolor (Only after treatment).
- (q) DNS (Acceptable after treatment).
- (r) Any other slight defects which in the opinion of Recruiting Medical Officer will not interfere with work efficiency of the candidate in future provided the candidate conforms to the prescribed standards in all respects. The mild problem if any must be recorded in the documents.

An undertaking from the candidate be taken that there is no past history of seizure, leprosy, diabetes, tuberculosis or HIV infection. All cases of past healed operations carried out will be noted in medical case sheet.

The foregoing relaxation is permissible only in the case of recruit who conform to the prescribed standards of measurements.

Time limit for clearance of any unfit by Higher Reviewing Authority

11 (a) All cases of permanent unfit may be reviewed by higher medical authority and should declare him unfit/ fit within 01 month duration since the time of unfit declaration.

(b) All temporary unfit cases may be reviewed by higher medical authority within 3 months (90 days) to clear him fit/ unfit since the time of unfit declaration.

12 In all cases where a recruit is suffering from a minor defect is accepted, the Medical Board will fully satisfy themselves that the defect will not, in any way, affect the efficiency of the recruit as a subordinate serving in BRO.

13 Whenever recruits who are suffering from minor defects as mentioned in Para 10 above are accepted, the defects will invariably be noted in the medical history sheet GREF/ MED/ 2A.

14 Recruits suffering from minor health problems of ordinary nature such as simple sores, shoe bite, common cold coughs and similar other minor ailments which usually last only a few days may be accepted. Medical Board before accepting such a recruit must fully satisfy themselves that the disease is likely to be cured in a few days without indoor treatment. Normally, unless the recruit is required to meet some urgent demand which cannot be met readily, he should be advised to get himself treated and come again. If recruit who is suffering from a minor disease of any nature is accepted, no entry need to be made of the disease in the medical history sheet GREF/ MED/ 2A.

15 The decision of the Medical Board in all cases of rejection due to not meeting the required medical standards will be final.