

## Topics of syllabus-Physical Education Teacher:- in DoE

1. History, Principles and Foundation of Physical Education.
2. Anatomy & Physiology.
3. Health Education & Environmental Studies.
4. Yoga/Aerobics Education.
5. Educational Technology & Methods of teaching in Physical Education.
6. Organization & Administration.
7. Officiating & Coaching.
8. Olympic Movement.
9. Sports, Nutrition & Weight Management.
10. Track & Field (Running & Jumping Events).
11. Swimming/Gymnastics/Shooting.
12. Indigenous Sports: Kabaddi/Malkhambh/Kho-Kho, Lazims/March-past etc.
13. Mass Demonstration Activities: Dumbbells, Tipri/Wens/Hoop/Umbrella.
14. Racket Sports: -Badminton/Table Tennis/Squash/Long Tennis.
15. Teaching Practises: Classroom Teaching & Outdoor Activities.
16. Sports Training.
17. Computer Applications in Physical Education.
18. Sports Psychology & Sociology.
19. Sports Medicines, Physiotherapy & Rehabilitation.
20. Measurement and Evaluation in Physical Education.
21. Kinesiology & Biomechanics.
22. Research & Statistics in Physical Education.
23. Sports Management.
24. Combative Sports: Marcel Arts/Karate/Judo/Fencing/Boxing/Taekwondo/Wrestling etc.
25. Team Games Specialization: Baseball/Cricket/Football/Hockey/Soft Ball/Balleyball/Handball/  
Basket Ball/ Netball etc.
26. Sports Specialization Track & Field/Swimming/Gymnastics.
27. Games Specialization: Kabaddi/Kho-Kho/Table Tennis/Badminton/Squash Tennis etc.
28. Teaching Practises.

## ***Topics of syllabus-Teaching Education and Methodology:-***

- 1. Learning & Teaching**
- 2. Language across the curriculum**
- 3. Understanding discipline and subject**
- 4. Gender school and Society**
- 5. Pedagogy of a school subject**
- 6. Knowledge and curriculum**
- 7. Assessment for learning**
- 8. Creating an inclusive school**
- 9. Childhood and growing up**
- 10. Drama and Art in Education**