

UPSC Mains 2025 Aug 31, 2025 Psychology (Paper 2) Question Paper and Answer Key PDF

Q. No.	Question	Check Solution
Q1 (A)	What are the different methods of estimating internal consistency reliability? Explain their strengths and limitations.	Check Solution
Q1 (B)	Evaluate the cognitive-behavioural model of depression.	Check Solution
Q1 (C)	Explain spontaneous remission effect in the treatment of patients with mental illness.	Check Solution
Q1 (D)	Managerial effectiveness is influenced by the reasoning and decision-making abilities of a manager. Critically evaluate with the help of researches.	Check Solution
Q1 (E)	Critically evaluate the conditioning model of psychopathic personality disorder.	Check Solution
Q2 (A)	What are the factors that determine the efficacy of psychological tests? Discuss the ethical issues in the use of psychological tests.	Check Solution
Q2 (B)	Explain how behaviour therapy encourages assertive coping.	Check Solution
Q2 (C)	Describe the various effective strategies which can be incorporated in designing guidance programme for adolescents preparing for competitive examinations.	Check Solution
Q3 (A)	What are the personality qualities to be focused on, for preparing community members as leaders for social change?	Check Solution
Q3 (B)	Can the applicability of concept of norm crystallization in an organization affect transformational leadership in that organization?	Check Solution
Q3 (C)	What is primary prevention? Chalk out a primary prevention programme for substance use disorder in a slum community.	Check Solution
Q4 (A)	Provide a community-based model for organizing services for rehabilitation of mentally challenged people.	Check Solution
Q4 (B)	Compare the 'top-down' and bottom-up' approaches to social change with specific reference to handling social problems in the Indian context.	Check Solution
Q4 (C)	Which form of psychological treatment is suitable for dealing with unresolved inner conflicts? Explain.	Check Solution
Q5 (A)	What are the cultural consequences of being disadvantaged and how can these be addressed?	Check Solution
Q5 (B)	Write a note on distance learning through IT.	Check Solution
Q5 (C)	Interactions between members of diverse groups can affect the ratings of in-group and out-group members. Discuss with the help of researches.	Check Solution
Q5 (D)	Discuss the behavioural strategies for managing pollution.	Check Solution
Q5 (E)	Critically evaluate the issues of gender discrimination in the Indian context.	Check Solution
Q6 (A)	Discuss the psychological consequences of prolonged deprivation. What strategies can be adopted to overcome these consequences?	Check Solution

Q6 (B)	Discuss the importance of consumer awareness in protecting consumer rights. How can consumers be empowered to make informed decisions?	Check Solution
Q6 (C)	What are the psychological measures to be used for social integration of the communities divided by conflicts of religion?	Check Solution
Q7 (A)	Explain the concepts of social facilitation and social inhibition in the context of group processes.	Check Solution
Q7 (B)	Prepare the psychological profile of a terrorist. What are the common characteristics, motivations and beliefs that drive individuals to terrorist activities?	Check Solution
Q7 (C)	Describe the psychological consequences of constructing social realities on the basis of information gained through social media. How can these be checked by psychological interventions?	Check Solution
Q8 (A)	What motivates entrepreneurs to start and grow their business, and how do they maintain motivation in the face of challenges and setbacks?	Check Solution
Q8 (B)	Discuss the concept of 'crowding', its determinants and impact on psychological health and well-being.	Check Solution
Q8 (C)	What are the key challenges that psychologists face when working with defence personnel in promoting positive health, and how can they be addressed?	Check Solution